

FITNESS CLASSES

GENOVEVA CHAVEZ COMMUNITY CENTER

M	STRETCH & STRENGTH FREE TO GCCC MEMBERS	10AM
T	YOGA W/ AMY PAY INSTRUCTOR \$5.00 TOTAL BODY FITNESS FREE TO GCCC MEMBERS ZUMBA W/ RAY PAY INSTRUCTOR \$10.00	10AM 6PM 5:45PM
W	10 MILE BIKE RIDE FREE TO GCCC MEMBERS STRETCH & STRENGTH FREE TO GCCC MEMBERS YOGA W/ AMY PAY INSTRUCTOR \$5.00	9AM 10AM 11:15 AM
TH	10 MILE BIKE RIDE FREE TO GCCC MEMBERS YOGA W/ AMY PAY INSTRUCTOR \$5.00	9AM 10AM
F	STRETCH & STRENGTH FREE TO GCCC MEMBERS	10AM
S	BOOT CAMP FITNESS FREE TO GCCC MEMBERS ZUMBA W/ RAY PAY INSTRUCTOR \$10.00	9AM 9:45AM
S	YOGA W/ JUDITH PAY INSTRUCTOR \$5.00	9:45 AM